

## 10 Intrinsic Motivators



Are you searching for the key to unlocking the full potential of your team? Do you ever find yourself questioning if your team members are truly motivated? Here are 10 intrinsic motivators that will put the zip in your team's Zip-a-Dee-Doo-Dah!

### Curiosity

The desire to learn new things or explore new possibilities.

### Creativity

The expression of one's original ideas or talents.

### Interest

The attraction to a specific topic or activity that sparks one's attention or passion.



### Challenge

The enjoyment of overcoming difficulties or achieving goals.

### Mastery

The satisfaction of improving one's skills or knowledge.

### Autonomy

The freedom to make one's own choices or decisions.

### Purpose

The sense of meaning or contribution to a larger cause or mission.

### Fun

The pleasure of having a good time or experiencing positive emotions.

### Flow

The state of being completely immersed and focused in an activity.

### Belonging

The desire to connect with others and be part of a community.

